

DISCOVER HOW TO RECOVER!



Body in Balance
Physical Therapy
Land & Water

POWERED BY
GOLDEN BEAR
PHYSICAL THERAPY

Patient Name: _____

Date of Birth: _____

Patient Telephone: _____

Physician Name: _____

Physician Telephone: _____

Diagnosis: _____

Special Instructions / Precautions: _____

EVALUATION:

INITIAL EVALUATION PT CHOICE

PROCEDURES:

MANUAL TECH MOBILIZATION THERAPEUTIC ACTIVITIES TAPING
 NEUROMUSCULAR THERAPEUTIC EX

MODALITIES:

TENS PARAFFIN E-STIM LASER
 ULTRASOUND IONTOPHORESIS ICE PACKS HOT PACKS

ON SITE PROGRAMS:

AQUATIC THERAPY IN SWIMEX 1000T EXTREMITY REHABILITATION
 NECK AND BACK REHABILITATION POST-OP REHABILITATION
 WORK CONDITIONING PAIN MANAGEMENT
 FALL PREVENTION PERSONAL RECONDITIONING
 INDEPENDENT GYM PROGRAM

FREQUENCY: 3x 2x 1x Daily

DURATION: _____ weeks

Physician Signature

Date

BODY IN BALANCE LOCATIONS

222 ACACIA ST. FAIRFIELD, CA 94533
1009 ALAMO DRIVE, VACAVILLE, CA 95687

www.bodyinbalancephysicaltherapy.net